



February 29, 2020

## MEET SCHEDULE

Track Events	
8:30 a.m.	<b>3000m run</b> (8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	<b>Sprint hurdles</b> (Masters, Open, 17-18, 15-16, 13-14, 11-12)
	<b>300m dash</b> (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	<b>1500m race walk</b> (9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	<b>50m dash</b> (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	<b>1000m run</b> (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
12:00 p.m. +/-	<b>40 yard dash</b> (9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	<b>600m run</b> (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	<b>150m dash</b> (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	<b>4x100m relay</b> (8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)

Field Events	
9:00 a.m.	<b>Long jump</b> (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	<b>Discus throw</b> (11-12, 13-14, 15-16, 17-18, Open, Masters)
	<b>Javelin throw</b> (Masters, Open, 17-18, 15-16, 13-14, 11-12, 9-10, 7-8, 6U)
12:30 p.m.	<b>High jump</b> (9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
12:30 p.m. follows shot put	<b>Shot put</b> (8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)