



March 21, 2020  
@ Peachtree Ridge HS  
Suwanee, GA

## MEET SCHEDULE

| Track Events      |                                                                                                     |
|-------------------|-----------------------------------------------------------------------------------------------------|
| 8:30 a.m.         | <b>3000m run</b><br>(8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)                           |
|                   | <b>Sprint hurdles</b><br>(Masters, Open, 17-18, 15-16, 13-14, 11-12)                                |
|                   | <b>400m dash</b><br>(6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)                      |
|                   | <b>1500m race walk</b><br>(9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)                         |
|                   | <b>4x100m relay</b><br>(8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)                        |
|                   | <b>1500m run</b><br>(8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)                           |
| 12:30 p.m.<br>+/- | <b>100m dash</b><br>(6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)                      |
|                   | <b>800m Speed Endurance Challenge</b><br>(6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters) |
|                   | <b>200m dash</b><br>(6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)                      |
|                   | <b>4x400m relay</b><br>(8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)                        |

| Field Events |                                                                                    |
|--------------|------------------------------------------------------------------------------------|
| 8:00 a.m.    | <b>Long jump</b><br>(6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)     |
| 8:30 a.m.    | <b>Discus throw</b><br>(11-12, 13-14, 15-16, 17-18, Open, Masters)                 |
| 9:00 a.m.    | <b>Javelin throw</b><br>(Masters, Open, 17-18, 15-16, 13-14, 11-12, 9-10, 7-8, 6U) |
| 11:30 p.m.   | <b>High jump</b><br>(9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)              |
| Post-discus  | <b>Shot put</b><br>(8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)           |

- Gates open at 7:00 a.m.
- Packet pick-up begins at 7:00 a.m. at ticket booth, and is available throughout day.
- Warm-up on track permitted until 8:00 a.m.
- Coaches' meeting at 8:00 a.m. centerfield.
- Top 3 finishers per age division awarded medals at conclusion of each event; for 14U athletes, only coaches or parents should pick-up medals.
- 800m finisher t-shirts distributed near awards table.
- Live results available at [www.tracklab.events](http://www.tracklab.events).