



April 11, 2020  
@ Discovery HS  
Lawrenceville

## MEET SCHEDULE

Track Events	
8:30 a.m.	<b>Sprint hurdles</b> (Masters, Open, 17-18, 15-16, 13-14, 11-12)
	<b>400m dash</b> (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	<b>3000m run</b> (9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	<b>Sprint medley</b> <b>(200-200-400-800)</b> (7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	<b>1500m race walk</b> (9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
12:30 p.m. +/-	<b>100m dash</b> (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	<b>1500m run</b> (7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	<b>4x200m relay</b> (7-8 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	<b>Iron Arms 4x100m</b> <b>Grown Folks 4x100m</b>
	<b>800m run</b> (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	<b>4x100m relay</b> (7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)

Field Events	
8:00 a.m.	<b>Triple jump</b> (13-14, 15-16, 17-18, Open, Masters)
8:30 a.m.	<b>Discus throw</b> (11-12, 13-14, 15-16, 17-18, Open, Masters)
	<b>Javelin throw</b> (Masters, Open, 17-18, 15-16, 13-14, 11-12, 9-10, 7-8, 6U)
11:30 a.m.	<b>High jump</b> (9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
<i>Follows triple jump</i>	<b>Long jump</b> (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
<i>Follows discus throw</i>	<b>Shot put</b> (7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)