

THIS MEET HAS BEEN MOVED TO **SUNDAY, APRIL 25.** SAME LOCATION.

RELAY GRIND



APR 25

REGISTRATION

Registration closes on Thursday, April 22 @ 9:00 PM Eastern. Late entries and game-day changes may be limited to field events and races 800m and longer. **There is no on site registration.**

FINAL SCHEDULE AND PERFORMANCE LISTS

Post-registration, the meet schedule will be finalized to reflect actual entries and posted along with the performance lists. Final meet schedule and performance lists can be found [here](#). Review the performance lists for accuracy and email operations@tracklab.events if corrections are needed.



Peachtree Ridge HS

1555 Old Peachtree Rd NW
Suwanee, GA 30024

Are all of your
athletes in

IN THE MEET

Are your athletes
in all the

RIGHT EVENTS

Did you enter
the right

SEX & AGE

PARKING AND ENTERING THE STADIUM

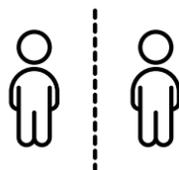
The stadium is located behind the school. There is parking in front of the stadium and in front of the school. **Stadium gates open and bib packet pick up begins at 7:30 AM.** To enter the stadium, everyone must wear a mask; inside the stadium, you should wear a mask when physical distancing is not possible. Coaches, athletes, and parents or guardians of 18U athletes must complete and sign a [USATF Participant Waiver](#). Print and complete the waiver before you arrive to expedite your entry. Packets may be picked up by coaches, club administrators and unattached athletes. Packets will be distributed intact; individual bibs will not be distributed. There is a **\$5.00 spectator fee** that can be paid in cash or \$5.50 with Cash App \$tracklab or debit or credit card. No fee for ages 6U or 65+. Teams receive a limited number of **VIP Coach Bands** that allow access to centerfield and other competition venues.



VIP Coach Bands are distributed based on the number of **team** entries:
3-9: 1 band; 10-19: 2 bands; 20-29: 3 bands; 30-39: 4 bands; 40+ 5 bands.
Coaches above limit can purchase a VIP Coach Band for \$5.00.

AROUND THE OVAL

Uniforms are not required and athletes may wear whatever they'd like during competition, including hats, gloves, leggings and warm-ups, but not headphones or air pods. **Tents** are allowed in bleachers along the upper tier of the home side and anywhere along the visitor side, and around the track as long as access to the track is not blocked. **Restrooms** are located on the same level as concessions; 10U athletes must be escorted to the restroom. **Warm up** on the track is allowed from 7:30 AM to 8:45 AM.



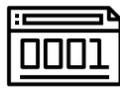
KEEPING EACH OTHER SAFE

To enter the stadium, you must wear a mask; inside the stadium, you should wear a mask when physical distancing is not possible. Coaches, athletes, and parents or guardians of 18U athletes must complete and sign a [USATF Participant Waiver](#). Athletes may bring their own **implements, batons** and **blocks**. Sanitizing wipes are available for shared implements, batons and blocks. Only competing athletes are permitted in **Clerking** unless 10U and being escorted; the escort must leave the area once the athlete is checked in. In Clerking, athletes must form a **single line** and wear a mask in order to receive a hip number. Only coaches wearing a **VIP band** and competing athletes are permitted in and around centerfield. Only coaches and parents may pick up **18U medals**.



This meet features the 4x100m mixed gender relay (2F, 2M), the 1600m sprint medley (200-200-400-800) relay, and the Grown Folks 4x100m relay. Grown Folks relays register on site at the start of the 1500m run. All other relays should register on line by Thursday, April 22. **Only one leg is needed to register online; you can add the other 3 legs on site.** The oldest leg will determine the age group of the relay. Athletes can run up in age, but not down. Batons will be available, if needed.

EVENT RULES



ATHLETE CHECK IN/CLERKING

For all running events, check-in takes place near the 100m start, under the black tent. Athletes must report to Clerking wearing a mask and only when their age group is called. A single line should be formed by gender. There is no early check-in. Hip numbers must be placed on the left leg. **Athletes must remain in Clerking until escorted to the start line by Tracklab. Please do not remove athletes from area, not even for warm up.** Athletes who skip check-in or miss the escort may **forfeit** their lane (even if coming from a field event). Coaches and parents are not allowed in Clerking unless escorting 10U athletes, and must leave Clerking once the athlete receives a hip number. Coaches may remain centerfield during competition if wearing a VIP Coach Band, and do not interfere with the operation of the meet. For **field events**, check in at **that** field venue when your age group is called. There is no early check-in for field events.



RUNNING EVENTS

Masks may be removed during warm up and competition. Starting blocks are provided but athletes may bring their own. Starting blocks are not required for 14U athletes but may be used if the athlete can **quickly set the blocks** at the start. Athletes 15+ must use blocks, and those who false start will be disqualified without a first warning. Batons are available along with sanitizing wipes. The **800m run** will use a staggered start; athletes who break before the first turn will be disqualified.



FIELD EVENTS

All field events take place within the stadium. **Long jump** and **javelin** are near the 100m start. **Discus** and **high jump** near the 300m start. **Shot put** is just outside the fence near the finish line. **Check in for field events at that field event venue.** Masks may be removed during warm up and competition. Each athlete is allowed **3 jumps** and **3 throws**. Rotations may be forfeited if the athlete leaves the field event for any reason. Athletes are encouraged to bring their own implements, but may use Tracklab-provided implements at their own risk. Sanitizing wipes will be provided. **Coaches must manage athletes who are entered in both field and track events. Tracklab will not hold track events waiting for field events to finish.** Athletes are expected to report to Clerking for track events on the first call after updating the field official. After competing, the athlete must promptly return to the field event; **there is no guarantee that the same age-group will be in progress, and the high jump bar will not be lowered upon the athlete's return.**



MEDALS AND PR BUTTONS

Medals are awarded for each age group beginning with 6U for first, second and third place. Events may be combined for meet efficiency but athletes will still be awarded separately by age division. **18U medals must be picked up by coaches, club administrators or parents.** Medals earned but not picked up at previous meets can be picked up on Sunday. **Personal Record buttons** are not based on place of finish. These buttons are earned by athletes who set a new personal best in an event at Tracklab. As a means of PR verification, only coaches or parents should pick up 18U PR buttons. For older athletes, the honor system applies. PR buttons are limited to 2 per athlete per meet.



RESULTS

Live results can be found at www.tracklab.events. Final results will be submitted to milesplit.com. Please allow 2-3 business days after the meet for any necessary corrections and submission.

